

GLUCOSE TOLERANCE TESTING

Patient Name: _____ Date: _____

Times & Glucola calculated by: _____ Times & Glucola checked by: _____

Patient is: Nonpregnant
 Test: GTT2HN GTT3HN GTT4HN
 GTT5HN GTT6HN

Patient is: Pregnant
 Test: GTT3HP

| NONPREGNANT | | | PREGNANT | | |
|---|----------------|-------------|---|----------------|-------------|
| Glucola - one 75g bottle | | | (3-hr GTT only. Any other time use nonpregnant) Glucola - one 100g bottle | | |
| LEVEL | SCHEDULED TIME | ACTUAL TIME | LEVEL | SCHEDULED TIME | ACTUAL TIME |
| Fasting blood | | | Fasting blood | | |
| 👉 STOP —do not proceed until told to by tech 👉 | | | 👉 STOP —do not proceed until told to by tech 👉 | | |
| Drink Glucola within 5 mins end time** | | | Drink Glucola within 5 mins end time** | | |
| 1 hour (end time+1hr) | | | 1 hour (end time+1hr) | | |
| 2 hour (end time+2hr) | | | 2 hour (end time+2hr) | | |
| 3 hour (end time+3hr) | | | 3 hour (end time+3hr) | | |
| 4 hour (end time+4hr) | | | | | |
| 5 hour (end time+5hr) | | | | | |
| 6 hour (end time+6 hr) | | | | | |

✂️ *****CUT HERE. GIVE BOTTOM TO PATIENT. KEEP TOP IN LAB*****

GLUCOSE TOLERANCE TESTING INSTRUCTIONS

Patient Name: _____ Date: _____

During the next few hours, please:

- ❶ Do not leave the hospital.
- ❷ Do not eat, or chew gum, or candy.
- ❸ Do not smoke.
- ❹ Do not drink coffee, tea, or soda (you may drink plain water).
- ❺ Wait in the waiting area until we receive your results to determine when you can leave. Thank you.

At the times listed below, come into the laboratory to have your blood drawn.

- 1 hr: _____
- 2 hr: _____
- 3 hr: _____
- 4 hr: _____
- 5 hr: _____
- 6 hr: _____