



Stool for Clostridium Difficile Collection Instructions

1650 Cowles
(Fairbanks Imaging Center)

Or

1001 Noble
(in TVC Main and 1st Care
building)

Fairbanks, AK 99701
907-458-5640

Fairbanks, AK 99701
907-459-3500 x 2229

Preparation:

- Collection materials can be obtained from the Laboratory (Main Lab or FMH Lab at TVC) or your practitioner may give you materials.
- Fresh specimens are the best for testing and the lab should receive your specimen as soon as possible after collection (within 2 hours).

General Instructions:

- Do not let urine or toilet bowl water mix with stool during collection. Do not put toilet tissue into collection containers.
- When collecting a stool from a child you may place plastic wrap inside the diaper and then transfer the stool to the appropriate containers provided. Please do not bring a diaper with stool in it to the lab.
- Collect one specimen per day unless otherwise instructed.

Collection:

- Collect the stool specimen in a wide mouthed container, bedpan or clean plastic wrap or plastic bag placed over the toilet seat opening.
- Transfer the entire specimen into the specimen cup provided using the tongue depressor provided or other handy implement such as a plastic spoon.
- Label the stool cup with your full name, date of birth, date and time of collection.

Transport:

- Fresh specimens are the best for testing and the lab should receive your specimen as soon as possible after collection (within 2 hours).
- Transport at room temperature.
- Specimens can be taken to either location above.

Please contact Fairbanks Memorial Hospital Laboratory (458-5640) with any questions.